

# iNFANTS' FRIEND

## ORAL LIQUID

### Instructions for use

Read this document carefully as it contains important information.

- If you need more information or advice, contact your pharmacist
- You must contact your doctor if your baby's symptoms worsen or do not improve
- If any unwanted effects occur, please tell your doctor or pharmacist.

### In this instructions for use:

1. Indication
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### Active ingredients:

Each 1mL of liquid contains:

Matricaria chamomilla (Chamomile) ext. dry conc 10mg. Equiv. to dry flower 100mg

Melissa officinalis (Lemon Balm) ext. dry conc 6.75mg. Equiv. to dry flower & leaves 67.5mg

Dill Seed Oil 0.12mg

### Also contains:

Citric acid, glycerol, potassium sorbate, purified water, xanthan gum.

This product is available in a 100mL bottle.

## 1. Indication

Infants' Friend Oral Liquid has been formulated to relieve colic (wind/gas pain), restless sleep and symptoms of indigestion in babies, based on the traditional use of the active ingredients in Western herbal medicine. Infants' Friend can be used from birth onwards.

## 2. Traditional uses

**Matricaria chamomilla (Chamomile):** Traditionally used in Western herbal medicine to help relieve symptoms of infant colic.

**Melissa officinalis (Lemon Balm):** Traditionally used in Western herbal medicine to relieve restless sleep and symptoms of indigestion.

**Dill Seed Oil:** Traditionally used in Western herbal medicine to relieve symptoms of indigestion and stomach ache caused by wind and colic.

## 3. Instructions for use

Shake well before use. Use the syringe provided to draw up the recommended dosage of Oral Liquid. Administer the dosage directly onto the tongue or add to the bottle prior to feeding.

**Dosage:** Infants' Friend Oral Liquid can be taken with feeds up to six times daily. Do not exceed the recommended dose.

Birth – 1 month: 0.25-0.5mL

1 – 3 months: 0.5-1mL

3 – 6 months: 1-1.5mL

6 – 12 months: 1.5-2.5mL

12 months +: 2.5-4mL

## 4. Warnings

Contains potassium sorbate. If you think your baby may be allergic to any of the ingredients contained within Infants' Friend Oral Liquid, seek medical advice prior to using.

**If symptoms do not improve, seek medical advice.**

## 5. Storage and expiry date

Keep Infants' Friend Oral Liquid out of reach of children. Store below 30°C. Do not use past the expiry date on the bottle and carton.

**Always read the label and follow the directions for use.**